



beyond the maze



PAULA BURGESS

ADHD Coach & Speaker

We recently invited Paula Burgess as a guest speaker at a parenting workshop held at Sesame Lane Care & Kindergarten. I believe a successful parenting workshop is measured by attendees walking away having learnt what they expected to and with strategies they can implement to make their families lives happier. I must say that Paula certainly delivered on these expectations and more. Paula is a knowledgeable, personable and a confident presenter and coach. We look forward to working with Paula again, both for parent and educator training and support.

Thank you Paula!

Beth Oxley, Marketing
Manager, Sesame Lane
Care & Kindergarten.

Topics Paula Speaks about:

- Introduction to ADHD
- ADHD – What help can I get?
- How Coaching can help ADHD

Paula can design any talk about ADHD, just contact her and she can tailor something to suit.

Additional Notes

Paula is available for schools, daycare center's, conferences and community groups etc. She is a passionate speaker and believes in educating people about ADHD as much as possible. She is a strong advocate for families effected by ADHD. Paula's approachable and caring nature make her someone that many can relate to.

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